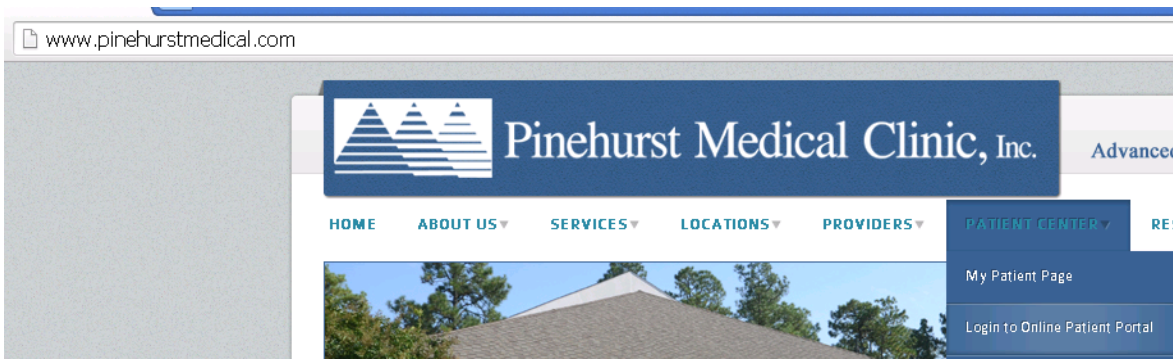




Registration Instructions without an Invitation Email from Pinehurst Medical Clinic (for patients)



Go to www.pinehurstmedical.com, select **Patient Center** → **Login to Online Patient Portal**. Select **Create An Account**



Click "Log In" if you already have a FMH account.

Click "Create an Account" if you do not have a FMH account and want to create one.



Fill out all required fields. *The 'Notification Email' is where the confirmation emails will be delivered. Click 'I Accept'.

Create an account

With FollowMyHealth you can manage your health information and communicate with providers in a secure, online environment – 24 hours a day / 7 days a week. Once you create your account, you will be prompted to search for and connect with available providers in your area.

Notifications Email ⓘ Zip Code

First Name Cell Phone Number (optional)

Last Name Home Phone Number (optional)

Date of Birth (mm/dd/yyyy) Social Security Number (optional)

Please check the account information you've entered above, and review the Terms of Service below:

FollowMyHealth Universal Health Record

Terms of Use

Welcome to the FollowMyHealth Universal Health Record. All users of this web site, as well as the FollowMyHealth Universal Health Record and all related products and services (collectively, the "Service"), are subject to the following terms and conditions of use (these "Terms of Use"). Please read these Terms of Use carefully before accessing or using any part of the Service. **By accessing or using the Service, you agree that you have read, understand, and agree to be bound by these Terms of Use, as amended from time to time.**

By clicking on 'I accept' below you are agreeing to the Terms of Service above and the [Privacy Policy \(updated June 25, 2014\)](#)



FollowMyHealth™

Universal Health Record 

Welcome to FollowMyHealth™, an innovative health engagement solution that empowers patients to take a more active role in managing their care.

FollowMyHealth is used by tens of thousands of physicians as the "power" behind their hospital or clinic's specific patient portal.

Whether you're looking to keep an eye on your weight, monitor your blood pressure, or manage a chronic condition, FollowMyHealth is the tool for you!

Select a Login Method

Click the FMH icon to create a username and password

 ⓘ

or log in by choosing an existing account



[Help](#) | [Español](#)

Select a login method:

FMH: Creates a login specifically for FMH and can be used with any organization that utilizes this software.

OpenID: Creates a login to FMH using existing credentials with Facebook, Google, Yahoo, Windows, and Cerner Health.

Click the preferred method to continue registration.



Fill out required information, including:

Username must begin with a letter and may not contain spaces or special characters

Password should be at least 8 characters in length, and include at least one numeric and one special character, such as: !@#\$\$%^)&*-(

This is where FMH will send future communications regarding your FMH Secure Login account, including resetting forgotten passwords.

Click '**Continue**'

Create Your FMH Secure Login

Already have a FMH Secure Account? [Click Here to log in](#)

Create Your Username

Username must begin with a letter and may not contain spaces or special characters

testgeorge

Create Your Password

Password should be at least 8 characters in length, and include at least one numeric and one special character, such as: !@#\$\$%^)&*-(

Confirm Password

Enter your valid email address below. This is where we will send future communications regarding your FMH Secure Login account, including resetting forgotten passwords.

Email

cgrooms@pinehurstmedical.com

Confirm Email

cgrooms@pinehurstmedical.com

Continue

An account creation confirmation will be sent to the designated email address. The email displays your username for future reference and gives you the option of canceling your account if this email was delivered in error. **Print for your records.*

Subject: FMH Secure Login Account Created

Hello,

Please keep this email for your records. You have requested to create an account with FMH Secure Login. You have chosen:

Username: **testgeorge01**

If you did not create this account, click the following link to cancel this request: [Cancel Account](#)

You can also manage your FMH Secure Login preferences by logging into your Universal Health Record account and accessing **Login Preferences** under **My Account > Preferences**

Thank you,
FMH Secure Login Services



In addition to the email, you will be prompted to login to FMH. Enter credentials and click 'Log In'

A congratulations email will be generated and delivered to the Inbox inside the Patient Portal.

From: FollowMyHealth™
To: george test
Date: 10/7/2014 4:12 PM
Subject: Welcome to the family!

Welcome george.

Congratulations!

You are now part of the new generation of patients taking a more active role in managing their own healthcare. By signing up for your FollowMyHealth™ Universal Health Record account, you can now securely access your health information online and communicate with your healthcare providers. Once you activate your account, FollowMyHealth will store your health record securely and keep it ready for you to access conveniently from your home computer, laptop or smartphone. And, if you are a patient at multiple FollowMyHealth™ member physician offices, clinics or healthcare facilities, we combine all of your records into your single Universal Health Record account, to make management of your healthcare as easy as possible!



You are prompted to make a connection to an existing organization. The patients registered FMH zipcode will default in the search field by default; thus showing all near by FMH participants. Either 'Skip this Step' or click 'Connect' next to an organization.

*Note: only organizations in your zip code that have Follow My Health will appear

Request Connections to Healthcare Organizations

Requesting a connection informs your healthcare provider that you would like your medical information to be made available online through Follow MyHealth.

If your healthcare provider is a participant in Follow MyHealth, they will display in the search results below. Use the Search Box to locate available connections by entering your zip code, provider, or healthcare organization. (We have started the process for you by entering your zip code.)

To use Follow MyHealth without adding connections, please click the "Skip This Step" button.

Please note that response times to your connection requests may vary by organizations or providers.

Search: (Zip Code, Organization, or Provider)

Search Results

Pinehurst Medical Clinic 205 Page Road Pinehurst, North_Carolina 28374	Connect
Pinehurst Surgical Clinic (Part Of Pinehurst Surgical Group) 5 First Village Dr. Pinehurst, North_Carolina 28374	Connect

[Show More](#)

My Organizations

[Skip This Step](#) [Next](#)

Search: (Zip Code, Organization, or Provider)

Search Results

Pinehurst Medical Clinic 205 Page Road Pinehurst, North_Carolina 28374	Already Connected
Pinehurst Surgical Clinic (Part Of Pinehurst Surgical Group) 5 First Village Dr. Pinehurst, North_Carolina 28374	Connect

My Organizations

Pinehurst Medical Clinic 205 Page Road Pinehurst, North_Carolina 28374	Remove
--	------------------------



Sign the release of Information Authorization by clicking 'I Accept'.

Sign Release of Information Authorization

1 of 1 - Pinehurst Medical Clinic

Please review the Release of Information Authorization agreement and accept or decline the terms below. Print

FollowMyHealth
Authorization Release of Information

First Name: george

Middle initial: Last Name: test

I, test, george authorize Pinehurst Medical Clinic to release any and all healthcare information about me to my FollowMyHealth personal health record for my own uses and purposes. I acknowledge that such healthcare information may include the following: x-rays, clinical diagnosis, histories of present illnesses, immunizations, allergies, prescription drug information, mental health screenings, treatment, including psychotherapy notes, diagnostic screening and testing, laboratory results, HIV/AIDS, infectious disease, sexually transmitted infection, genetic testing, substance/alcohol use and treatment history, clinical procedures, domestic violence, child abuse

I Accept I Decline

A pending connection email will be sent to the designated email address.

Subject: Requested connection to Pinehurst Medical Clinic

A connection to Pinehurst Medical Clinic is pending in the FollowMyHealth patient portal.

Please allow 24 business hours for a connection verification. If you sign up over the weekend, connections will not be verified until the next business day.

To best protect your privacy and in order to ensure that patient records are being provided only to the individual requesting a connection, we ask that if you have not already done so, that you verify your identity in connection with this email address the next time you visit one of our facilities.

If you have already performed this verification, we should be able to match you to your medical information shortly.

Regards,
The FollowMyHealth Patient Portal Team

A connection email will be sent to the designated email address once you are connected.

Subject: Connection to Pinehurst Medical Clinic Successful

Dear george test,

Welcome! You have been successfully registered for the FollowMyHealth Patient Portal.

[View your updated health record at FollowMyHealth.](#)

Please allow 24-48 hours for any Prescription Renewal requests.

Please allow 24 hours for any appointment requests.

Regards,
The FollowMyHealth Patient Portal Team